

LADDER OF CARING



HEARTS
in Healthcare

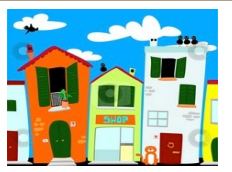
WELLNESS



ILLNESS



ADD: care of the environment
- healthy water, air, soil, food, forests



ADD: building healthy communities
- compassionate, happy communities



ADD: address health in relationships
- health status is socially networked



ADD: wellbeing and resilience
- health strengths and assets



ADD: holistic, integrative care
- physical, emotional, mental, spiritual



ADD: true patient-centered care
- the patient sets the agenda



ADD: compassion and loving kindness
- at least show that we care



Rushed, episodic, disease management
- the standard of care today